

NIEAPA

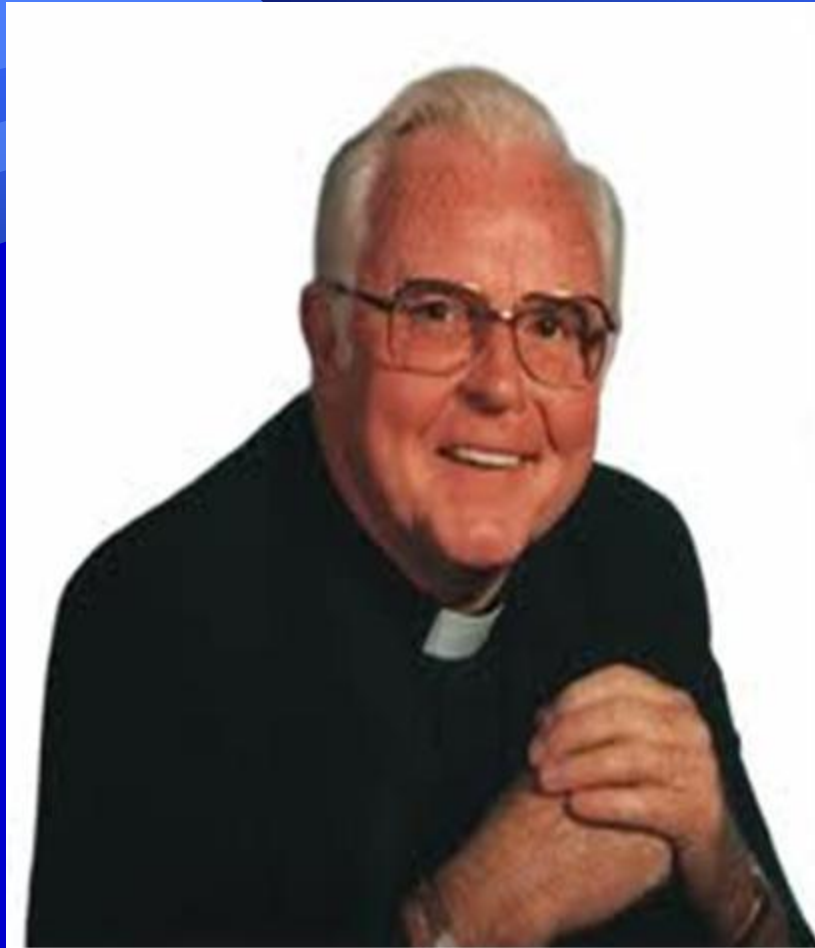
Presents

*The Future of Addictions Treatment
in America*

Presenter

Mark Sanders, LCSW, CADAC

We will put as much energy into focusing on staff appreciation, organizational and team health as we focus on the health of our clients.



Father Martin

Perils of Prediction

Most people who make predictions about the future make fools of themselves.

"I think there is market for maybe five computers."

Thomas Watson, Chairman, IBM, 1949

We will shift from a focus on treatment towards a focus on recovery. Aftercare will no longer be treated as an "after thought."

*We will begin to move towards
"treatment without walls."*

- *75% of chemically dependent clients will never get help for their addiction*
- *Methamphetamine users constitute 4% of treatment admissions*

"If they will not come in, we have to go get them."

H. Westley Clark, MD, CSAT

A sick tree leaves the forest and enters a tree treatment center. At discharge all the tree counselors are pessimistic because they know that the tree will go back to the same sick soil it left. The best thing to do is leave our desk, go into the forest and heal the soil.

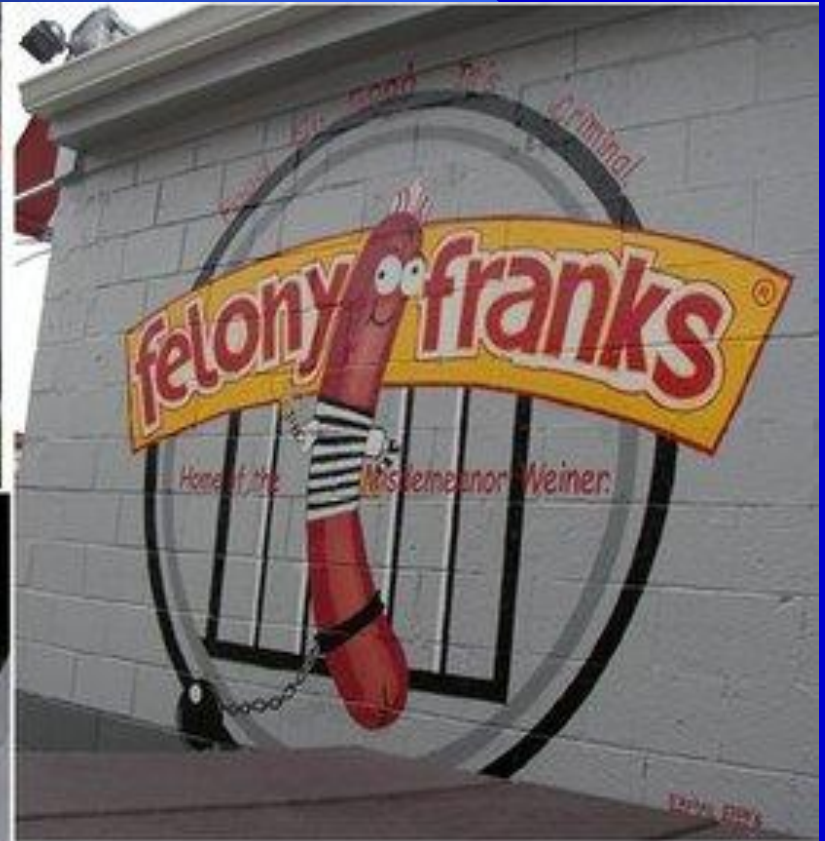
*Don Coyhis
White Bison*

Addictions programs will begin to have more non-traditional affiliations in the community

- *Community colleges*
- *Toast Masters*
- *Vocational schools (STEMM)*
- *Churches (Celebrate recovery, Glide Church)*
- *Mosques*
- *Medicine men*
- *Monks*
- *Primary care physicians*
- *Restaurants*

Kentucky Fried Chicken





← The Felony Frank

FELONY FRANKS® HOT DOGS

Felony Frank	"Jumbo Hot Dog"	\$3.75
Misdemeanor Weiner	"Regular Hot Dog"	\$2.35
Cell Mate Dog	"Double Dog"	\$3.45
Custody Dog	"Cheese Dog"	\$2.85
Chain Gang Chili Dog	"For Chili Lovers"	\$2.85
Pardon Polish	"Polish Sausage"	\$3.65

Mustard, grilled onions, sports peppers

All dogs are served with Fries, and choice of mustard, onions, relish, tomato, sport peppers and celery salt.

Ketchup upon request

All ¼ lb. Burgers

PROBATION BURGERS

Hamburger	\$3.25	Double Hamburger	\$4.25
Cheeseburger	\$3.75	Bacon Cheeseburger	\$4.50
Double Cheeseburger	\$4.75	Double Bacon Cheeseburger	\$5.50
The WARDEN Special:			\$5.95

Chopped Steak, choice of cheese, on garlic bread with grilled onions

All burgers include ketchup, onions, pickles, mustard

Choice of Cheese include American, Swiss, or Mozzarella

We will reconnect and strengthen our relationship with the 12 step community

- *NA and CA will be particularly positioned to support recovery*

Substance Use Trends

- *Evolution and cycles of drugs of choice*
 - *Socially celebrated*
 - *Tolerated*
 - *Prohibited*
- *Increased potency of current drugs*
 - *Link between psychosis and marijuana use*
 - *Link between early marijuana use and drop in IQ*
- *Altered and new methods of drug administration*
- *The challenge of drug combinations*

Substance Use Trends Continued

- *Normalization of cannabis use will trigger a greater focus on cannabis dependence and treatment*
- *Stimulant and opioid addiction will continue to rise with prolonged economic recessions*
- *Greater concern over tobacco – related morbidity & mortality. We will shift towards smoking cessation in Addictions treatment*

Nicotine

- *Kills more people than alcohol, all illicit drugs and HIV combined*
- *Increases relapse rates x 3*
- *A trigger to drink*
- *A trigger for heroin, methamphetamines, crack and marijuana users*

Predictions of Client Characteristics

Earlier age of onset

(The absence of the dinner table)

*Mother Nurture: Life Lessons from
America's Best and Brightest*

by

Stephanie Hirsch

with

Hannah Seligson



Steven Spielberg



Beyonce



Michael Jordan



Danica Patrick



Cindy Crawford



Uma Thurman



Dr. Mae Jamison

Predictions of Client Characteristics Continued

- *Gender equality*
- *Continued co-occurring medical and psychiatric conditions*
- *Multiple drug use will be the universal pattern*
- *Increased life expectancy will create a generation of older adults who did not become vulnerable to addiction until after retirement*

Organization of Addiction Treatment

- *We will increasingly address chemical and process addictions under the same roof*
- *We will see more prevention and early intervention in educational and public health arenas*
- *Increased service integration between mental health and addictions, avoiding colonization through integration processes.*
- *Increased integration of addictions treatment and primary health care*

Organization of Addiction Treatment Continued

- *Increased movement of treatment into the community*
- *Major concern with what distinguishes addictions treatment from other health and human services and how to protect our uniqueness*

*With all this change there will be a
need to periodically
"stop and smell the roses."*



Funding of Addictions Treatment

- *State and federal budget deficits will continue to be a threat*
- *We will have a recovery ribbon – receiving more support from the outside community*
 - *Recovery month celebrations*
 - *Million addict march*
 - *Prominent individuals in long term recovery will tell their story*
 - *We will counter the stigma of addiction*

Funding of Addictions Treatment Continued

- *We will hold our own town hall meetings with political candidates. Do they support addictions treatment and recovery?*
- *Our research will support the cost effectiveness of recovery*
- *We will learn from programs like Delancy Street how to thrive with non-traditional funding streams*

Funding of Addictions Treatment Continued

- *Pressure to reduce the size of non-violent prison populations will create funding options for community based addictions treatment programs*

Funding of Addictions Treatment Continued

- *Many addiction treatment services will be mainstreamed within health care systems (Via health care reform) with specialized treatment serving as a safety net for those most difficult to treat.*

Practice Shifts

We will focus more attention on longer term monitoring – 5 years

- *Acceptance of multiple pathways of recovery*
 - *Recovery high schools*
 - *Recovery colleges*
 - *Recovery basketball*
 - *Recovery murals*

Practice Shifts Continued

- *Recovery drop-in centers*
- *Recovery industries*
- *Recovery journalism*
- *Recovery running*
- *Religious recovery*
- *Telephonic recovery*
- *Virtual recovery*
- *Text messaging*
- *From expert to partner*

Practice Shifts Continued

- *Integration of recovery with prevention, early intervention and harm reduction*
- *Focus on treating intergenerational cycles of addiction*
- *A focus on the family and community recovery*

Predicted Workforce Changes

- *Continued feminization of the field*
- *Special efforts to recruit men similar to that seen in teaching*
- *Efforts to address the mismatch between % of addiction counselors of color and % of clients of color*
- *Efforts to reverse 3 decades of decline of recovery representation*

Predicted Workforce Changes Continued

- *Retirements of long-tenured leaders will create opportunities for new leaders*
- *Greater number of additions professionals working in private practice*
- *Some will work as consultants to whole communities*

"The best way to predict the future is to create it."

Alan Key

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